

THE DOWER HOUSE

WINCHESTER

Information for Families and Friends



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Our Address:

The Dower House, Springvale Road, Headbourne Worthy,
Winchester, Hampshire SO23 7LD

Our objective is to provide an enjoyable, safe, warm and homely environment. Residents are encouraged to live as independently as possible. Comfort, privacy, dignity and respect are our priority.

Whenever possible our residents are consulted on all decisions that affect them.

A delightful physical environment is of utmost importance to the well-being of our residents. For this reason, we continually reinvest in The Dower House's buildings and grounds to deliver an ongoing programme of improvement and maintenance.

Most rooms are south facing offering lovely garden views. All ground-floor rooms have doors leading onto a patio where generously planted pots add a splash of colour.

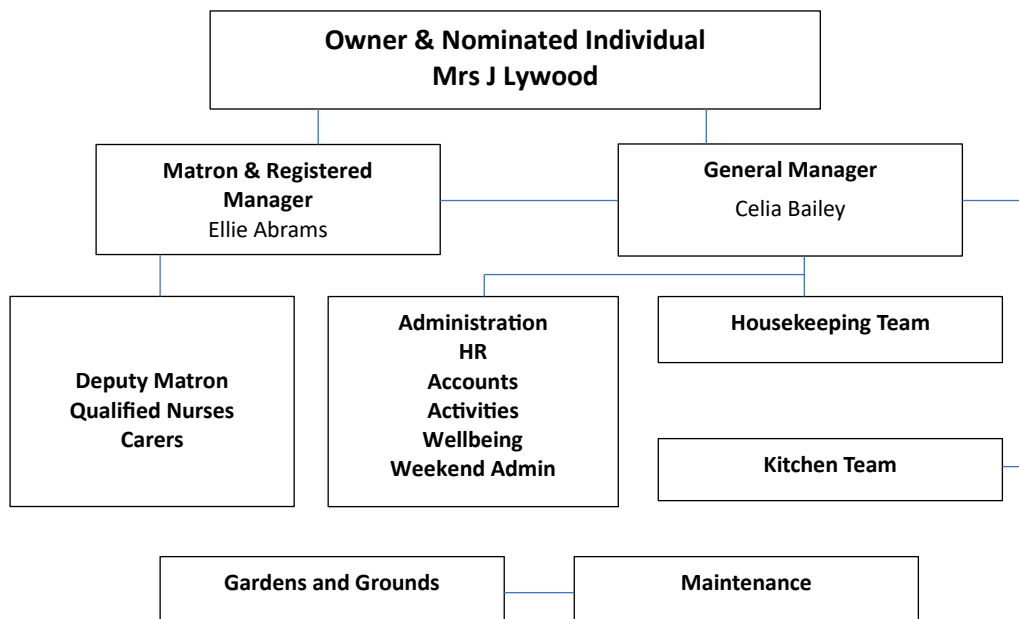
Room Information

Rooms are decorated to a high standard and have the following:

- En suite washing and toilet facilities with generous storage space and fitted wardrobes
- Direct line telephone, TV sockets and internet facilities for residents and guests
- Spacious comfortable seating areas perfect to enjoy views over the gardens

We encourage long stay residents to bring their own furniture in order to help them feel at home, all resident's rooms are large enough to accommodate personal possessions and treasured items of furniture.

Staffing at The Dower House



The Care Team

Our care team are on duty 24hrs a day and each resident has a call pendant as well as a fixed call bell in their room. Our staff wear different colour uniforms, these are as follows:



A Day at The Dower House

Early morning tea/coffee is served from 7:00am, followed by breakfast from 8:00am.

Mid-morning drinks are served around 10:30am.

Lunch is either served in the resident's room from 12 noon, or in the dining room is at 12:30pm.

Afternoon tea is served from 3:30pm while supper can be taken either in the resident's room or dining room, from 6:00pm.

Sample menus

Lunch

Greek Style Lamb Pie, Leeks, Peas, Sweet Potatoes

Crème Caramel

Afternoon Tea

Chocolate Éclair

Supper

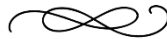
Summer Vegetable Soup

Salmon Fishcakes with Watercress Sauce

or

Brie and Grape Sandwich

Tropical Fruit Jelly



Lunch

Pork Fillet with Cider and Apple Sauce, Broccoli, Cabbage, Diced Potatoes

Pineapple Upside Down Pudding with Custard

Afternoon Tea

Iced Lemon Cake

Supper

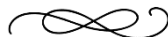
Carrot and Orange Soup

Prawn Cocktail with Brown Bread and Butter

Or

Tomato Sandwich

Coffee Whip



Lunch

Roast Chicken with Bread Sauce, Summer Cabbage, Cauliflower, Roast Potatoes

Apricot and Almond Strudel with Whipped Cream

Afternoon Tea

Buttered Tea Loaf

Supper

Mushroom Soup

Creamy Bacon and Mushroom Pasta

Or

Cheddar and Chutney Sandwich

Mango Fool

Please speak to our chef who will be happy to discuss your requirements. Allergen advice is always available from a member of staff.

Complimentary Sherry is served with lunch. Wine is also available for a small charge. Residents may also buy bottles of their favourite wine that we can serve at lunch and supper time.

Services we offer

We have our own on site laundry. Laundry is collected every day and we aim to return it to the resident the following day.

Dry cleaning: This can be arranged charged at cost to the resident's account.

Toiletries: A selection of basic toiletries can be obtained from the care staff.

Cards: A selection of birthday, anniversary and other cards can be obtained from the Admin Office.

Physiotherapy: We have a private physiotherapist who can be booked to work one to one with your relative.

Chiropody: Our chiropodist can be booked to visit residents and attend to their podiatry needs.

Hairdressing: We have our own hair salon and the hairdresser visits weekly. Appointments can be made either via the care team or directly with the hairdresser when they visit.

Resident's shop: A mobile shop that goes to the residents allowing them to enjoy browsing for regularly required items as well as purchasing gifts and seasonal items such as Christmas cards and Easter gifts etc.

Post: There is a postbox in the entrance hall. It is emptied Monday to Friday at 4.50pm - stamps can be obtained from the Admin Office.

Newspapers: Residents can order a daily newspaper to be delivered. The newsagents charge a small delivery cost, this will be added to the resident's bill.

The above services will incur additional charges

The Care Staff and Admin team are always available to help with any requests the resident may have. The above list is not exhaustive it is just an example of the service we offer.

Holy Communion services are held in The Dower House and the dates are shown in advance on the resident's noticeboard.

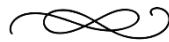
Local Facilities

Cobbs Farm Shop and Café is situated just across the road. Many of our families who visit will walk with their family member the 500m down the road and enjoy coffee and cake. Wheelchairs can also be borrowed should you need the use of one.



Our home is set in acres of beautifully maintained gardens. We encourage our residents to explore and enjoy, with many benches dotted around the grounds to sit and enjoy the view.

The pond has a seating area and bridge where residents can be soothed by the sound of running water as they watch the various fish swimming around amongst the lily pads.



If you would like a tour of our home and gardens please don't hesitate to call us on 01962 882848 and we will be very happy to help.