

MENU
Week commencing 4th October 2021

Monday 4th	Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th	Saturday 9th	Sunday 10th
Shepherd's Pie	Local Sausages with Onion Gravy	Roast Beef, Yorkshire Pudding and Horseradish	Chicken with Lemon and Tarragon Cream Sauce	Grilled Salmon with Watercress Sauce	Turkey a la King	Honey Roast Gammon with Fresh Parsley Sauce
Cauliflower Peas Sweet Potatoes	Broccoli Carrots Potato Wedges	Green Cabbage Roast Parsnip Roast Potatoes	Courgettes Leeks Diced Potatoes	Spinach Grilled Tomatoes Herb Buttered Potatoes	Roast Squash Green Beans Rice	Carrots Broad Beans Roast Potatoes
Apple and Almond Strudel with Whipped Cream	Baked Rice Pudding with Apple and Blackberry	Pear and Blueberry Crumble with Custard	Saucy Chocolate Pudding	Italian-Style Trifle	Lemon Posset with Orange Crunch Biscuit	Choice of Dessert
AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
Apricot Swiss Cakes	Banana Loaf	Victoria Sandwich	Shortbread	Glazed Orange Sponge	Chocolate Cake	Coffee Swiss Roll
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tomato Soup	Split Pea Soup	Roast Butternut Squash Soup	Carrot Soup	Broccoli and Stilton Soup	Celery Soup	Mushroom Soup
Smoked Chicken and Waldorf Salad	Scampi with Tartare Sauce	Macaroni Cheese	Jacket Potato	Savoury Bake	Spaghetti Bolognaise	Smoked Salmon with Brown Bread and Butter
or	or	or	or	or	or	or
Cheddar and Chutney Sandwich	Pink Salmon and Cucumber Sandwich	Tomato Sandwich	Roast Beef and Horseradish Sandwich	Tongue Sandwich	Cream Cheese and Cucumber Sandwich	Egg Mayonnaise Sandwich
Tropical Fruit Jelly	Stewed Apple	Fresh Fruit Salad	Greek Yoghurt with Fruit Puree	Lemon and Lime Whip	Blackcurrant Fool	Poached Fruits with Crème Fraiche