

# THE DOWER HOUSE NEWSLETTER

## OCTOBER ISSUE



Picture chosen by Mrs Lywood

### Harvest

We celebrated Harvest last month with a lovely 3 course supper, everyone had such a lovely time. I thought it would be nice to share some photos of the dining room.



I thought it would be nice to include a Harvest Poem.

It's that time of year again,  
When the Harvest Moon shines bright.  
So, let us gather round,  
And celebrate it here tonight.

All the fields are empty,  
There's not a crop in sight.  
The food now lays upon the table,  
So, let's take our first bite.

Once are belly's bugle,  
And we're filled with Harvest cheer.  
It's time to spread the joy of Harvest,  
To people far and near.

So grab your Harvest box,  
You know just what to do.  
Fill it full of festive food,  
For those less fortunate than you.

Now the Harvest Moon is gone,  
And the night sky looks so clear.  
It's time to tend the fields again,  
For another year.



# OCTOBER ACTIVITIES

We have lots of activities planned for this month, for of the some you will need to keep an eye on the notice board as more details will be advertised there.

All activities will start at **2.45pm** if the time isn't mentioned below.

**Thursday 1<sup>st</sup> October** - Anytime club will be showing a film in the drawing room.

**Friday 2<sup>nd</sup> October** – Anytime Club Quiz will be held in the dining room.

**Saturday 3<sup>rd</sup> October** – Tea and a chat will be held in the drawing room, a time for people to come together and enjoy a chat over a cup of tea and a slice of cake.

**Sunday 4<sup>th</sup> October** – Day of rest.

**Monday 5<sup>th</sup> October** – There will be a games afternoon in the dining room, please see notice board to see which games we will be playing.

**Tuesday 6<sup>th</sup> October** – Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Tuesday 6<sup>th</sup> October** – Anytime club will be showing a film in the drawing room.

**Wednesday 7<sup>th</sup> October** – Doreen will be holding an art afternoon in the dining room at 2.45pm.

**Thursday 8<sup>th</sup> October** – Anytime Club will be showing a film in the drawing room.

**Thursday 8<sup>th</sup> October** – Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Friday 9<sup>th</sup> October** – Carol will be holding an Anytime club Quiz in the dining room.

**Saturday 10<sup>th</sup> October** - Tea and a chat will be held in the drawing room, a time for people to come together and enjoy a chat over a cup of tea and a slice of cake.

**Sunday 11<sup>th</sup> October** – Day of rest.

**Monday 12<sup>th</sup> October** – There will be a games afternoon in the dining room, please see notice board to see which games we will be playing.

**Tuesday 13<sup>th</sup> October** - Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Tuesday 13<sup>th</sup> October** - Anytime club will be showing a film in the drawing room.

**Wednesday 14<sup>th</sup> October** – Jenny will be returning with her electric piano in the dining room, playing lots of different pieces of music for you to enjoy.

**Thursday 15<sup>th</sup> October** – Matrons Afternoon Tea will be held in the dining room at 3.00pm then followed by a zoom call with families at 5.00pm in the drawing room.

**Friday 16<sup>th</sup> October** – Anytime club will be holding a quiz in the dining room.

**Saturday 17<sup>th</sup> October** - Tea and a chat will be held in the drawing room, a time for people to come together and enjoy a chat over a cup of tea and a slice of cake.

**Sunday 18<sup>th</sup> October** – Day of rest.

**Monday 19<sup>th</sup> October** – We will be holding a Reminiscing Afternoon in the dining, for residents to bring an object, photo etc that brings back fond memories or a story.

**Tuesday 20<sup>th</sup> October** - Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Tuesday 20<sup>th</sup> October** - Anytime club will be showing a film in the drawing room.

**Wednesday 21<sup>st</sup> October** - Anytime Club Quiz will be held in the dining room.

**Thursday 22<sup>nd</sup> October** - Anytime club will be showing a film in the drawing room.

**Friday 23<sup>rd</sup> October** - There will be a games afternoon in the dining room, please see notice board to see which games we will be playing.

**Saturday 24<sup>th</sup> October** - Tea and a chat will be held in the drawing room, a time for people to come together and enjoy a chat over a cup of tea and a slice of cake.

**Sunday 25<sup>th</sup> October** - Day of rest.

**Monday 26<sup>th</sup> October** – Adult Colouring In. Come along to an afternoon of art in the dining room.

**Tuesday 27<sup>th</sup> October** - Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Tuesday 27<sup>th</sup> October** - Anytime Club will be showing a film in the drawing room.

**Wednesday 28<sup>th</sup> October** – Doreen and Hannah will be holding an afternoon of Charades in the dining room.

**Thursday 29<sup>th</sup> October** - Lorraine will be taking Keep Fit in the drawing room at 11.00am.

**Friday 30<sup>th</sup> October** – Halloween themed supper in the dining room at 4.45pm.

**Saturday 31<sup>st</sup> October** - Tea and a chat will be held in the drawing room, a time for people to come together and enjoy a chat over a cup of tea and a slice of cake.

Activities are subject to change at short notice.

## THIS MONTHS FILMS

### Tuesday Films

#### The Women in the Window



When a conservative middle-aged professor engages in a minor dalliance with a femme fatale, he is plunged into a nightmarish quicksand of blackmail and murder.



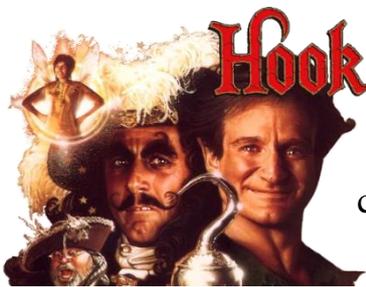
**Support your Local Sheriff.** McCullough is “passing through on my way to Australia” when he takes a job in a gold rush town. After a startling display of marksmanship, he immediately arrests the youngest son of the evil landowner.

### In which we Serve



This "story of a ship", the British destroyer H.M.S. Torrin, is told in flashbacks by survivors as they cling to a life raft.

### Hook



Granny Wendy Darling must convince the middle-aged lawyer, Peter Banning, that he was once the legendary Peter Pan. And so, the adventure begins anew, with Peter off to Neverland to save his two children from Captain Hook. Along the way, he rediscovers the power of imagination, of friendship, and of magic

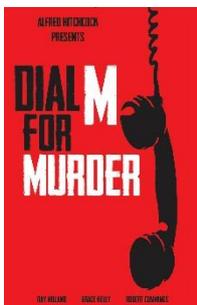
## Thursday Films

### The King and I



Widowed Welsh mother Anna Loenowens becomes a governess and English tutor to the wives and many children of the stubborn King Mongkut of Siam.

### Dial M for Murder



Ex-tennis pro Tony Wendice decides to murder his wife for her money and because she had an affair the year before. He blackmails an old college associate to strangle her, but when things go wrong, he sees a way to turn events to his advantage.

### Ice Cold in Alex



A group of army personnel and nurses attempt a dangerous and arduous trek across the desert of North Africa during World War II. The leader of the team dreams of his ice-cold beer when he reaches Alexandria, but the problems just won't go away.

### North by Northwest



Cary Grant stars as an innocent man mistaken for a spy in one of director Alfred Hitchcock's greatest thrillers. While leaving New York's Plaza Hotel, advertising executive Roger Thornhill (Grant) has the misfortune of standing just as the name "George Kaplan" is paged, starting a lethal case of mistaken identity and a nonstop game of cat and mouse as he is pursued across

North America by espionage agents trying to kill him--and by police who suspect him of murder.

## BEN'S GARDENING NEWS

October brings the muted shades of an autumn garden. It's time to plant our bulbs for a glorious spring, a trio of tulips in rich contrasting colours, always looks best coming up through a carpet of violas.

In the garden the green leaves have gone, to be replaced in a glorious haze of red, orange and yellow, the Hawthorne branches hang heavy with rich crimson haws, the jewel-like fruits of the Cotoneaster are reviled. Crab apples, roses with their hips, holly too, all give us colour in the autumn garden.

Over the last month Terry and I have been cutting the boundary hedges and one area that I never really talk about in my newsletter is the Bluebell wood, now that the avenue hedges leading to the woodland have been cut along with the yew topiary within the woodland it has a real autumnal feel about it. There are some beautiful trees in the woodland, a scots pine that is the tallest tree I have ever seen, its bark is made of many layers that peel off, a lovely textured tree. Along the top edge of the woodland there is an unusual lime tree, *tilia cordata*, the small leaved lime, there is a bench where you can sit underneath it. The tree is full of seed heads at the moment, its own seasonal decorations, truly beautiful.

The yews made in to topiary are a wonderful addition to the woodland, a wave topped hedge, two shaped balls and a tree divided in to two balls. One with a flat top and the other a dome.



The Bluebell wood is also home to lots of wildlife, I have seen a pair of green woodpeckers up there and from time to time I have seen a buzzard in the top of the scots pine.

As the summer is coming to an end there is still colour in our borders, especially in the tongue border by the pond, the border is two years old and now well established with salvia's, Japanese anemones, hydrangeas and ground cover roses, there are several benches in that area so please come and enjoy the view and the golden, autumn afternoon sun.

## Editors Notes

The staff & residents donated food for our harvest supper display in the dining room, afterwards we donated the food to Trinity Winchester.



They a Winchester-based charity which addresses the effects of homelessness and vulnerability through specialist practical and emotional support, and proactive prevention, empowering positive change. They help people who are vulnerable to the effects of homelessness, addiction, physical and mental ill health, poverty, social isolation, and domestic abuse. They offer solutions, hope, choice, and control.

From humble beginnings, Trinity has grown into a respected and skillful organization helping people to improve their lives. They provide vital practical and emotional support to over 600 people each year who are experiencing the effects of homelessness or vulnerability.

There dedicated Women's Service sees around 150 women each year. They support them to make positive change to their lives and in many cases, break free from the damaging cycle of domestic abuse.

**Philippa Thompson**  
**General Manager**

# OCTOBER QUIZ

## Who Am I?

1. I was the seventh son of Olive May when I was born on December 9, 1957, I have achieved fame as a singer, actor, game show and chat show host and played Joseph in Joseph and the Amazing Technicolor Dreamcoat both on stage and the 1999 film version?
2. I was born on 8 January 1937 in Tiger Bay, Cardiff, Wales, my middle name is Veronica and I've recorded four Bond themes although my first attempt was rejected by producers?
3. I was born Reginald Kenneth Dwight in Pinner on 25 March 1947 and achieved global fame as a pianist, singer, songwriter and performer. I once appeared at the Hollywood Bowl dressed as a duck.
4. I was an American singer, actor, and producer and one of the most popular and influential musical artists of the 20th century. I was born on December 12, 1915 and passed away on May 14, 1998. During my career I founded a band of musicians affectionately known as the "Rat Pack" and founded my own record label "Reprise Records".
5. I was born 20 January 1971, am an English singer, songwriter and record producer. I am frontman and lead vocalist of one of Britain's most successful "boy bands" as well as a solo artist in my own right and was the head judge on The X Factor for three years.

## Olympics

6. Which city was the first to hold the Summer games twice?
7. In which year were the first modern Olympic Games held, 1892, 1896 or 1900?
8. Name the British Athlete who won the Gold medal for Women's Javelin at the 1984 games?
9. What do the 5 Olympic rings represent?
10. Which of the 5 continents that compete in the Olympic games have never held the Olympic Games?

# ANSWERS

1. Donny Osmond
2. Shirley Bassey (who originally recorded a song for Thunderball titled "Mr Kiss Kiss Bang Bang" which was rejected by the producers)
3. Elton John
4. Frank Sinatra
5. Gary Barlow
6. Paris
7. 1896
8. Tessa Sanderson
9. The five continents
10. Africa